## My Goal

	Questions	My Answers
<b>S</b> Specific	What do I want to accomplish and why is it important?	
Measurable	How will I know that I have accomplished my goals?	
Achievable	Can this be accomplished as a whole or in smaller parts?	
Realistic	Is the goal too easy or too difficult to reach?	
Timely	What date do I want to accomplish this by?	